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# 令和4年度 WSP(ワシントンスプリング プログラム)

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# 1. WSPプログラム概要

ワシントンスプリングプログラム(WSP)は、2022年2月に新型コロナウイルス感染症の影響で中止していた留学再開のために立ち上げた新たな留学プログラムであり、全学部全学科の1年生から3年生を参加対象としている。

亜細亜大学アメリカプログラム(AUAP)の留学先であるワシントン州の協定大学に、本学の春季休暇期間(2月から3月)中に約7週間派遣し、生きた英語の習得と異文化を学ぶ本学独自の短期留学プログラムである。

アメリカという多種多様な人々が共生する環境での経験を通じて、将来多国籍企業等のダイバーシティの場で協働して価値を創出することのできる人材の育成を目指す。留学先で履修した科目は卒業要件の単位として最大4単位が認定される。

## 2. WSPの目的及び成果

留学先大学での授業や現地学生との交流などを通じて、

- ①参加者の語学力の向上、
  - ②日本以外の世界の文化を受容し国際社会で活躍すべく異文化理解力・受容力の体得、
  - ③本学の建学精神である「自助協力」を具現化する学生の主体的な取り組みによる自己の再発見・成長、を目的としている。
- また、留学経験及び留学前後の本学ならびに留学先大学での学習で醸成される理解力や応用力を総合的に持ち合わせることで、参加学生がグローバル・ビジネスリテラシーを備えた人材に成長することをプログラムの成果としている。

### 3. 留学派遣期間

派遣先大学	出国日	帰国日	派遣人数
ウェスタン ワシントン大学 (WWU)	2023/02/01	2023/03/24	24



# Newsletter #1

February 1 – 10, 2023



## Welcome to Western!

The 24 WSP students arrived at WWU on Wednesday, February 1, moved into their rooms, got connected to their Wi-Fi, got their student ID cards, and, with the help of their Cultural Ambassadors and some AUAP students, went on their first shopping trip in Bellingham!







**Welcome & Orientation Sessions**  
Students got familiar with the WWU classrooms and computer labs and went on a campus tour.



**Welcome Ceremony**  
Students enjoyed getting to know each other, their Cultural Ambassadors, and some WWU-student classroom volunteers and friends.

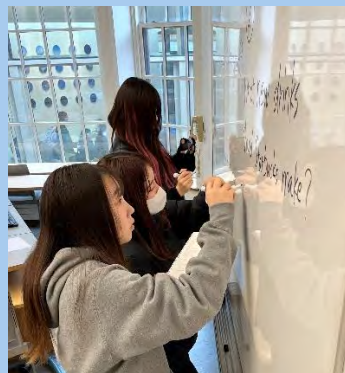






## Classes Begin

Teachers Jon (English Communication Skills & Beautiful Bellingham) and Tom (Career Skills) have begun working with the students! The students have been experiencing intensive English practice and have already had a guest speaker from Starbucks. They're off to a great start!





### WSP CLASSES

Students have settled into their classes and are making great progress in building their English skills and improving their confidence!

#### Class highlights

##### Career Skills

- Career & Internship Fair
- WWU Career Center guest speaker
- WWU Career Center tour and presentation

##### English

##### Communication Skills

- Fluency activities
- Practice interviews
- Pronunciation practice
- Weekly journals
- Summarizing and reflecting on video topics

##### Beautiful Bellingham

- Visit from WWU Police Department
- Boulevard Park visit
- Fairhaven visit
- Elementary School visit

##### WSP Experience Class

- Safety
- Money & tipping
- Transportation & travel policy
- Using meal plans wisely
- Staying healthy

- **Career Skills:** In this class, students reviewed their visit to the WWU Career & Internship Fair and enjoyed a visit from Sandy, a WWU Career Center staff, who talked about the kinds of skills that U.S. employers are looking for these days. She also explained two different kinds of job skills— “soft” skills and “hard” skills—and reviewed what a “skill set” is. Then she helped students identify their own skill set. Students also took a tour of WWU’s Career Center which included a presentation introducing them to the Career Center’s resources and services. Finally, students reviewed their experiences with the WWU Career Center tour, as well as with meeting Sandy and her colleagues.



- **English Communication Skills:** Students have been working on various fluency activities and have done several practice interviews in class which prepared them to interview native speakers for homework. For their pronunciation work, students have been working on minimal pairs focusing on the s, sh, and th sounds. In addition, they are writing weekly journals and correcting common errors that teacher Jon has highlighted. Finally, students watched a documentary about a Buddhist monk and then crafted a written summary and reaction to it.

- **Beautiful Bellingham:** Students enjoyed a class visit from the WWU Police Department. The visiting officers discussed how to stay safe in Bellingham as well as talked about their jobs as police officers. The students prepared for an outing by role playing restaurant conversations and then visited Boulevard Park by bus and walked from the park to Fairhaven. Finally, the students visited a local elementary school for a day. This opportunity offered a lot of cultural exchange between our students and the 2nd graders!



## Events and Activities

- Campus tour
- Downtown Bellingham tour
- Campus Friends event
- Weight lifting
- Basketball
- Boulderling at Rec Center indoor climbing wall
- Valentine's Day Party





- **Experience Class:** Students have been learning more about Western and how to get around the area on public transportation. This is important, as the students are already thinking about traveling on the weekends. We told them that time flies in WSP so planning ahead is important. Another topic we focused on was wellness as a whole, not just physical health. Students learned about the eight dimensions of wellness, and we talked about what they can do if they feel that they need help in any of those areas.





### WSP CLASSES

- **Career Skills:** In this class, students watched a presentation about American-style resumes by Carissa Bane, a counselor from the WWU Career Services Center. Also, Karissa Ringel, who works for Language and Culture Programs, also came in and talked about resumes she has used to apply for different jobs. Both speakers emphasized the importance of tailoring your resume to fit the specific job you are applying for. We also prepared for a WWU class visit that we are going to do next week.



- **English Communication Skills:** Students continued working on various fluency activities and have completed additional practice interviews in class to prepare for interviews with Western students who study Japanese and Bellingham High School students who also study Japanese. In addition, they are continuing to write weekly journals and correcting common errors.

### Class highlights

#### Career Skills

- Guest speaker from Career Center
- Resumes
- Guest speaker about using resumes

#### English

#### Communication Skills

- WWU Japanese Class exchange
- Fluency activities

#### Beautiful Bellingham

- Downtown Bellingham walk
- Bellingham High School visit

#### WSP Experience Class

- Visit from RAs
- Housing rules/policies
- Roommate advice
- On-campus opportunities



## Events and Activities

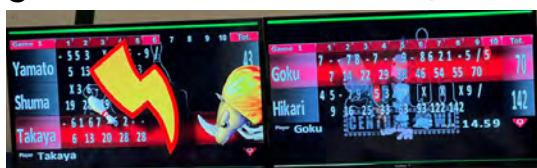
- Bowling
- Eating out
- Pizza-making party
- Meeting with Campus Friends

- **Beautiful Bellingham:** Students were busy this week because of two very engaging experiences with the language and culture exchange with the WWU, first year Japanese language class and the second year Japanese class at Bellingham High School. After the high school visit, teacher Jon led students on a walk through downtown Bellingham, where some stayed to eat lunch while others returned to campus to eat at the Western eateries.





- **Experience Class:** Students heard from WWU, University Residences' Resident Advisors and how they can support the WSP students during their stay (e. g., events/programs held in the residence halls, questions about policies and rules, roommate relationships, etc.) and arranging checkout inspections before they leave. students also learned about some fun activities on campus during the week (e. g., bowling, open-mic night in the Underground Coffee House, Emo/Punk music show in Underground Coffee House, etc.).





### WSP CLASSES

- **Career Skills:** Students listened to a presentation by Abby Senuty, a WWU career counselor, about job interviews in the U.S. They also listened to three different answers to a series of typical job interview questions (on the Planitplus website) and chose the one they thought was best. This helped students to review strategies for answering job interview questions. Students also started working on a project with the following steps: they chose a career that they are interested in (they went through a long list of careers); using an example of a simple job posting, they wrote a job posting for a job that they would like to apply for; then, using a template that teacher Tom gave them, they wrote a resume that they would use to apply for that job; then they prepared for a mock job interview with teacher Tom on Zoom. Finally, to practice listening, students watched short clips from video recordings of interviews that teacher Tom did with Americans in which they talk about their jobs



### Class highlights

#### Career Skills

- Business Visits prep
- Mock job interview prep
- WWU Career Center guest speaker

#### English

#### Communication Skills

- WWU Japanese Class exchange

#### Beautiful Bellingham

- Bellingham High School visit

#### WSP Experience Class

- Postponed until next week



- **English Communication Skills:** Students continued working on various fluency activities and have completed additional practice interviews in class to prepare for their second visit with Western students who study Japanese and their second visit to Bellingham High School to meet students who also study Japanese. In addition, they are continuing to write weekly journals and correcting common errors with teacher Jon's help. Finally, students have worked on pronunciation, for example, minimal pairs L vs R, sh vs s vs th, and iy vs I.



## Events and Activities

- Game Night
- Costco shopping
- Meeting with Campus Friends

- **Beautiful Bellingham:** Students were busy again this week because of two very engaging experiences with the language and culture exchange with the WWU, fourth-year Japanese language class and the third-year and fourth-year Japanese class at Bellingham High School. As an added bonus, the Bellingham High School administration paid for all the WSP students' lunches in the high school cafeteria! Also, the high school students accompanied all the WSP students to lunch in the cafeteria.
- **Experience Class:** Due to the class exchanges, Experience Class was postponed until next week.





### WSP CLASSES

- **Career Skills:** Students reviewed a resume of one of their guest speakers and then created a resume for themselves, using the sample resume as a model. They also practiced answering job interview questions; the importance of giving details and of adjusting their answers to the job description were emphasized. Finally, half of the students visited the Bellingham international Airport and were guided on a tour and hosted for a Q & A session by Alex, one of the Operations Managers. The other half visited the Chrysalis Hotel & Spa and were led on a tour and hosted for a Q & A session by Chris, the Director of Sales & Marketing.

### Class highlights

#### Career Skills

- Business Visits to Airport and Hotel
- Resume review and drafting

#### English

#### Communication Skills

- Families and family vocabulary
- Personal goals

#### Beautiful Bellingham

- Follow-up discussion about US high school visits

#### WSP Experience Class

- Meal plans
- Reflective, check-in questions
- Weekend travel



- **English Communication Skills:** Students Talked about families and family vocabulary as well as practiced talking about Japanese cultural items and travel experiences in Japan. Students also talked about their academic, professional, and personal goals for the near and distant future.



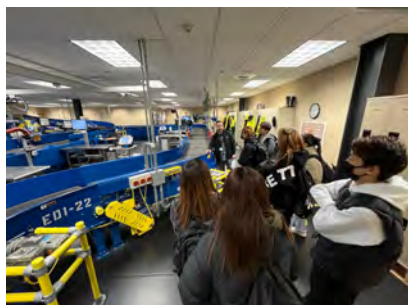
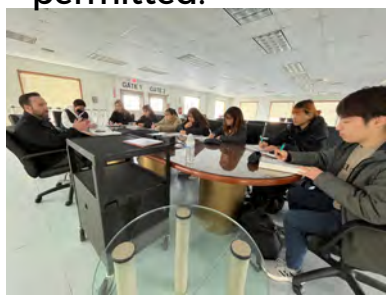


## Events and Activities

- Game Night
- Shrine visit
- Seattle, Pike Place Market

**Beautiful Bellingham:** Students discussed differences between Japanese and American high schools based on their experiences at Bellingham High School. They compared and contrasted classroom sizes and styles, food in the cafeteria and the cafeteria layout, teaching style and clothing, student participation and fashion, school hallways, school grounds (e.g., football, baseball, soccer fields), and parking lots, since many American high school students drive to school.

- **Experience Class:** This week our class focused on getting the most out of the WWU meal plans in the last weeks of WSP. Also, we had a chance to check in with some reflective questions about WSP class and activity experiences so far. Finally, were reminded that this was the last weekend they could travel to Canada, but that Seattle travel is still permitted.





### WSP CLASSES

#### Class highlights

##### Career Skills

- Job Interview
- Working in Japan and US
- Final PowerPoint presentations

##### English

##### Communication Skills

- Writing final dialogue
- Performing final dialogue

##### Beautiful Bellingham

- Sehome Hill walk
- Reflecting on living/traveling in PNW

##### WSP Experience Class

- Pre-departure details
- Packing suggestions
- Donations
- Reminders about paying charges on WWU-student account

**Career Skills:** Students did a vocabulary review activity where they were given a word list, then they listened to WWU students explain one of the words on the list without saying which word it was. Then the WSP students had to guess the word. Students also completed a mock job interview on Zoom with the instructor. In the interviews, the instructor asked questions that were very similar to job interview questions they had been working on in class. Students chose the job they were applying for and used the resume they wrote to answer the instructor's questions. Following the mock job interviews, students were also given time in a computer lab to work on PowerPoint slides that they used to give their final presentations about why they should get the job they applied for in the job interview. Finally, Kerry Allen came into class and talked about her experiences of working in both Japan and the US. The purpose was to explore the differences and similarities between workplaces in the two countries.



**English Communication Skills:** Students wrote a conversation between a native speaker and a Japanese student. They submitted it to the teacher who corrected it, and they memorized the conversation. For their final test they performed the conversation for their teacher.





**Beautiful Bellingham:** During their final week of classes, teacher Jon led students on a nature walk up through Sehome Hill Arboretum, which ended with a climb up an observation tower and donuts! Then in the last class, students did speaking activities that allowed them to reflect on their seven weeks of experiences at WWU, in Bellingham, and in the greater Pacific Northwest region.



### Events and Activities

- Final game night
- Closing Ceremony
- Weighing luggage
- Cleaning dorm room









